

# Domestic Abuse

## It's not OK!



During Coronavirus, you might spend more time with a husband, boyfriend, wife or girlfriend who hurts you.



It's not OK if your partner:

- Stops you going outside.
- Stops you talking to other people.
- Threatens you or scares you.
- Calls you names or hits you.
- Takes or controls your money.
- Makes you do things you don't want to do.



## Help is still available during Coronavirus



Tell a friend, family member, health worker or support worker.



Phone the domestic abuse helpline.



If you feel unsafe at home it is OK to leave.

- **Call the Police on 101**  
**In emergencies dial 999**
- **Domestic Abuse Helpline**  
**0800 027 1234**
- **Rape Crisis Scotland**  
**08088 01 03 02**